



scott quandt
dental designs by quandt

Dr. Scott Quandt's Word Of Mouth

Produced to improve your dental health and awareness

Summer 2008

fromthedentist

Summer's Here... And school's out!

Summer can be hard on kids' teeth. Increased rough-and-tumble outdoor activities can put them in the path of all kinds of hazards. Kids' smiles mean a lot, so it's important to take extra steps to protect their teeth. If your child plans to play any type of contact sport such as football, basketball, or soccer, make plans to visit us before the season starts so we can fit a protective mouthguard.

If skateboarding, scootering, or bicycling are on the summer agenda, avoid rainy days and wear a good helmet and protective gear. Wear seat belts when riding in cars. The number-one rule is to play sensibly.

If your child is due for a checkup and cleaning before fall, book early before the boom hits. Those busy back-to-school days always come up faster than you expect!

Yours in good dental health,

Dr. Scott N. Quandt & Team

turnthepage

Break through with the new you!

Crown your way to glory!

Spice up your smile...

Implants: A New Smile

Comfort and confidence again

Whether you're missing one or all of your teeth, there's now an exciting option that will help you smile with confidence again. Thousands of people are flashing smiles that have been beautified by implants, a fabulous tooth replacement technique that can be performed right here in our office.

Implants are made of special biomaterials that are surgically placed in the jawbone under your gumline. After a few months the implant becomes anchored to the surrounding bone. A natural-looking replacement tooth is then permanently attached to the implant to replace the form and function of a real tooth. Implants can be used to stabilize dentures and bridges, replace just one tooth or to rebuild an entire jaw of missing teeth. The best part is that they look and feel just like natural teeth.

Dental implants are reliable. Patients have retained them for more than twenty years with a better than 95% success rate. Most patients can receive implant treatments right in our office. We will use a sedation to ensure comfort during

the procedure.

Dental implants have helped thousands of people to eat, smile and speak with renewed self-confidence. Patients who practice good oral home care and regular dental checkups can enjoy implants that last a lifetime. We can help you decide if a dental implant is right for you. The investment in your smile is well worthwhile.



Thank you for all your referrals. We appreciate them!

More Power To You

Make the right connections ... and smile!

Homophily is the natural tendency of people to associate and bond more strongly with people who are similar to them. So what can we do to help you connect with all those *other* beautiful people? Well, according to research, a cosmetically enhanced smile will make you appear more attractive and popular with the opposite sex, as well as more intelligent, interesting, successful, and wealthy!

Together, we can choose cosmetic options that will enhance your natural smile foundation and make your smile sing out success! We can...

- Brighten your teeth with whitening, bonding, or porcelain veneers.
 - Rebuild chips and cracks and close gaps that make you self-conscious.
 - Straighten and even out the appearance of crooked, crowded teeth.
 - Reproportion tooth shape, length, and width to ideally balance your features.
 - Recontour an uneven or too high/low gumline.
 - Correct a receding gumline that exposes roots and makes your teeth look longer - and you look older.
 - Widen your smile to fill in the gaps at the corners of your mouth.
 - Diminish lip lines and make your lips appear fuller by adding volume.
- And there's even more that we can do...
- We can maximize the dramatic impact of whichever cosmetic procedure you choose. How? By helping you achieve clean teeth and pink healthy gums with a strong supporting bone structure.

Nothing makes a connection better than optimal oral health and a high-powered smile.



crowns & veneers

Brighten



gum sculpting & veneers

Reproportion

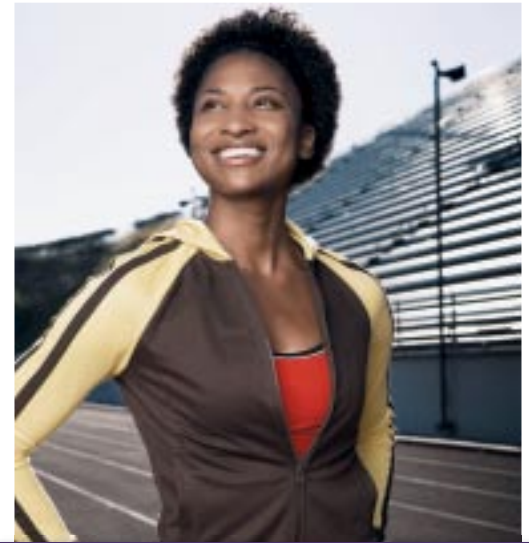


orthodontics & veneers

Straighten



A Crown F



Take Heart! & Save your smile

In the earliest stage of gum disease, you won't even know you have it. Early on, it's reversible with home care and regular dental treatment, but in later stages it can lead to tooth loss and only professional dental intervention can help. Studies have linked gum disease and cardiovascular diseases and stroke - the number-one killers of men *and* women.

Stay fit and keep your mouth *and* heart healthy!

- Exercise regularly to increase blood flow, strengthen your heart, control your weight, stress, and risk of high blood pressure, cholesterol, and diabetes.
- Eat fruits, whole grains, vegetables, low-fat dairy products, and sources of protein, legumes, and Omega-3 fatty acids.
- Don't use tobacco, a risk factor for oral cancer, tooth loss, and heart disease.
- Get regular medical and oral health screenings.
- Keep smiling!



For All Reasons

Prevent...
Protect...
Impress!



For many people, appearance is *the* greatest inducement to sustaining oral health. Who among us does not want to make a great first impression at a job interview, look fabulous in photos, and shine at significant moments like weddings? Beautiful crowns can help you do all that and more. They are the most popular restoration not only because they can create a natural-looking improved appearance for discolored, misshapen, or missing teeth, but because they prevent and protect to save smiles!

Crowns can...

- Prevent a cracked tooth from getting worse;
- Strengthen and halt further damage to a broken tooth, either...
 - one that has undergone root canal therapy or
 - one with a large filling or fillings.

In fact, when your custom dental crown is created, it becomes your tooth's new outer surface. Technicians incorporate precise measurements to suit your bite, jaw movements, and anatomy. Durable metal or metal camouflaged with white porcelain can be used, and all-porcelain materials can exactly match your smile's enamel.

Attaching multiple crowns to a natural-looking bridge is an excellent technique for replacing several missing teeth. It can prevent drifting teeth, challenges to eating and speaking, and increased risk for tooth decay and gum disease.

And the bonus: avoid the premature wrinkles and age lines that may accompany an altered bite. Your smile will look even more attractive!



Modern crowns & veneers turn a smile into ... a SMILE!

Where does your smile rate on our whiteness scale?



5 THINGS about teeth whitening

1. *Not all of your natural tooth enamel is the same color...*

- your front teeth are usually whitest
- molars tend to be in-between
- eye teeth are commonly darkest

2. *Discoloration can be caused by:*

- coffee, tea, red wine, colas, or tobacco
- heredity
- illness and medications
- ageing

3. *Structural changes occur over the life of your teeth and affect their whiteness...*

- young teeth are whiter and usually have a highly opalescent enamel with milky brightness
- older teeth are darker with a more translucent, thinner enamel and a grayish appearance

4. *People perceive teeth as whiter and more attractive when they are contrasted against pink, healthy gums.*

5. *We don't add whitening to your teeth - we remove stains to brighten your teeth enamel by up to eight shades!*

Bollyfood

It's hot, hot, hot!

The whole world is charmed by the flamboyant extravaganzas produced by Bollywood, India's unique counterpart to the Hollywood film industry. Another cultural export, famous Indian curry dishes, aren't merely gorgeous, aromatic, and appetizing. It seems they have the potential to improve your oral and overall health.

Turmeric, a yellow spice that gives Indian curry powder its distinctive color, contains a compound that appears to relieve or suppress Alzheimer's symptoms.

Curcumin, an antioxidant known to benefit periodontal health, also found in turmeric, has been shown to help prevent tumors.

Curry leaves, common in South Asian cooking, release fragrant essential oils when chewed or combined with water. They are an ingredient in some mouthwashes and can help to reduce caries and chronic bad breath.

Want to spice it up a bit? Explore your Asian grocery!

Bone Grafting And Implants

Dr. Quandt attended a bone grafting course in March at the Las Vegas Dental Institute. Bone-grafting will allow Dr. Quandt to place implants into previously unattainable areas. Sometimes when a dental implant is placed, it is necessary to build up the bone in the area to ensure success. Bone grafting is performed to reverse the bone loss/destruction caused by periodontal disease, trauma, or ill fitting removable dentures. The success of a dental implant and its ability to support a dental restoration is very much dependent upon how much bone is available in the site where the implant is placed. The grafting also allows us to prevent bone loss at the time of tooth extractions. By placing grafting material into the tooth socket we can provide a "scaffold" for new bone to grow. This allows us to "bank" bone for future implant use or to help dentures fit better. We can use human, animal, and synthetic bone for this process.

Our team also updated our CPR training in April. We also had a consultant in our office in May to help us update and improve our office systems and technology.



Smile Harmony Technology helps!

We are determined to provide our patients with the most up-to-date dental technologies and techniques available. That's why we've recently upgraded and introduced the newest generation of the K7 Evaluation System - state-of-the-art technology for advanced neuromuscular dentistry.

The *Myotronics K7* uses computerized diagnostics to measure and study the pattern of jaw opening and closing through its full range of motion. Through a series of tests, it is possible to find the jaw position where the jaw, teeth, and muscles operate in complete harmony. The system uses three different scanning techniques - all non-invasive and painless.

If your jaw, teeth, and muscles aren't working together properly, you could be suffering needlessly from headaches, earaches, eye pain, or dizziness. If this might be the case, please phone us for a consultation. We're here to help!

officeinformation

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Office Hours

Monday 8:00 am - 5:00 pm
Tuesday 8:00 am - 5:00 pm
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Friday Closed

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**Communication and
feedback is important
to us - don't be
afraid to ask questions!**



Summer Basket

We will be holding a drawing for a summer basket giveaway that includes a trip on the lovely Foxy Lady cruise ship. Two Admirals Dinner cruises will be drawn on or around July 15th. The Admiral Cruise is a wonderful two hour cruise on the Fox River. Feast on a gourmet dinner of an appetizer, salad, citrus refresher, entrée steamed vegetables, freshly baked dinner rolls, dessert and coffee. Please sign up to win when you come in for your appointment.