



# Dr. Scott Quandt's Word Of Mouth

Produced to improve your dental health and awareness

Winter 2008/2009

## fromthedentist

### Season's Greetings! *And all the best!*

The holiday season is here, and with it a chance for all of us to give our patients a heartfelt thank you for your loyalty and friendship during the past year.

This is a time to count blessings and to reflect on the values of family and community. Newspaper headlines from both near and far may have made it difficult for many of you to truly believe in the happy and good side of life. Shocking events and the threats to our society seem to be endless. But the spirit of this wonderful season should teach us that hope and goodness are still in great supply and that faith and perseverance will ensure they'll be with us always.

We hope your holidays are happy, healthy, and filled with family and friends.

*Have a peaceful holiday,*

*Scott Quandt D.D.S., F.A.G.D.  
and Team*

## turnthepage

Get the competitive edge!

Prevent tooth loss, now!

Restore your smile: reclaim your life!

## Mini Implants

Many people who wear dentures are extremely cognizant of their mouth and can be socially withdrawn. They may feel embarrassed and lack confidence when both talking and eating. Food seems to always get trapped in dentures. In fact, over 50 million American's are considered edentulous, meaning that they are lacking teeth. Most of these people suffer from ill-fitting dentures and prosthetics. A relatively new type of dental implant can help fix this problem. It is referred to as a MDI or "mini" implant. Regular dental implants can be expensive while mini implants are much more affordable. However, mini implants can really only be used to support dentures and partial dentures. Mini implants are placed in the mouth and then the denture is snapped on top of the implants. A lower and upper denture can contain anywhere between 4-6 mini implants. Often these mini implants can be placed into an existing denture which helps to reduce additional cost.. Do you or anyone you know have bad fitting dentures? If so, please feel free to contact us about a free consultation so you can learn about the many benefits of mini-implants.



*Thank you for all your referrals. We appreciate them!*

# Set The Trend

## Select your cosmetic veneer option

There's a definite trend among men who choose to revitalize their appearance in the competitive workplace. They're opting for non-surgical procedures that increase facial volume and require only minimal or no downtime. For many, veneers are the non-surgical cosmetic option of choice. Here's why.

When veneers are bonded to your teeth, they can be matched to both the color and natural contours of the rest of your smile, and you can...

- ▶ **Look younger** by adding volume to the lower third of your face and minimizing fine wrinkles.
- ▶ **Camouflage** exposed roots and restore esthetic proportions to your smile.
- ▶ **Close gaps** between your teeth.
- ▶ **Repair** chips and cracks.
- ▶ **Straighten** slightly crowded or overlapping teeth without braces.
- ▶ **Brighten** your teeth and cover even severely stained teeth.

Veneers are hand sculpted from beautiful ceramics by trained technicians. Built-in translucence mimics natural enamel and allows some of the inner light to shine through.

Veneers really are *super* natural! Once applied, they act as a shield for your teeth. Porcelain material is highly resistant to oral bacteria and to permanent staining from smoking, coffee, tea, and food.

Men and women who want to look more successful and more energized in *any* environment can enjoy the advantages of even, straighter-looking, whiter teeth!

Please come and see us at our practice for a cosmetic veneer consultation.



BEFORE

look younger

close gaps

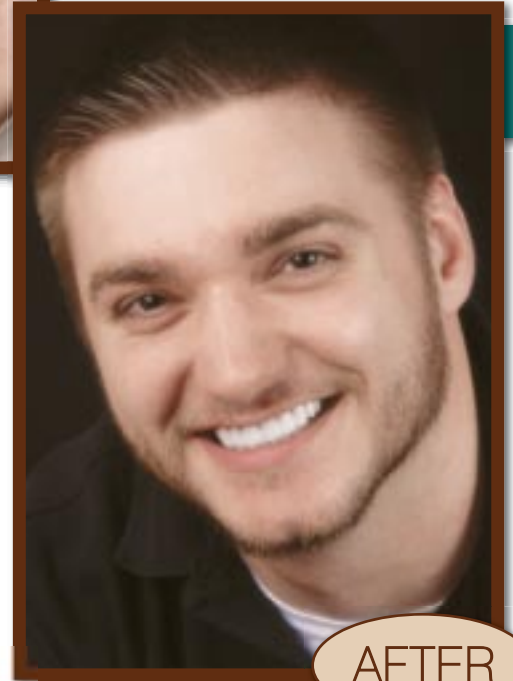
repair

straighten

brighten

camouflage

VENEERS



AFTER

## Avoid Gum Disease

### Here's how...

Chances are you will be affected by gum disease at some point in your lifetime. Initially it often appears without symptoms, but it is progressive and is the leading cause of tooth loss in adults. Furthermore, without treatment, bone loss in your jaw is inevitable and can alter your facial appearance, speech, and diet over time.

#### What We Can Do

**Perform** regular exams and cleanings to remove plaque, the disease-causing biofilm that builds up on your teeth and can harden into tartar.

**Provide** brushing and flossing instruction and explanations about your oral health needs.

#### What You Can Do

**Schedule and keep** regular dental examinations and cleanings to ensure the health of your smile! Remember, with early diagnosis, gum disease can be reversed!

**Commit** to a smile-saving routine of proper brushing, flossing, and healthy eating at home.





## 2 Quick Fixes ..... Ready? Set. Go!

Your face is *the* most looked-at part of your body. And your mouth is the first feature that everyone looks at! Dramatically enhancing your smile can instantly lift your self-confidence, and you can even get transformative results over your lunch break.

These two tried and tested procedures will let you see a new you in no time and without invasive surgery...

**Whitening** - We can design and supervise whitening that may lighten your teeth by up to eight shades! Safe, reliable, and predictable teeth whitening technology may even remove stains caused by illness or medication.

**White Bonding** - We can cover the deepest stains by bonding material directly onto your teeth, and we can use it to replace older stained or silver fillings!

Choose one technique or two ... it's up to you!

### What's On Your Menu?

#### Smile savers!

Brushing and flossing to remove yellowing plaque is an essential strategy to keep your brightest smile. But for at least some of the time, start dining *white... and light!*

**Add** low-fat milk to sugar-free coffee or substitute with skinny lattes.

**Swap** black tea for green which has beneficial antioxidant properties.

**Switch** from stain-producing desserts like blueberry or cherry pie to fresh or baked apples, pears, or gooseberries.

**Rethink** soy and Worcestershire sauces and consider yogurt or trans-fat-free oils flavored with white vinegars, herbs, or garlic.

**Replace** red wine with white, and dark berry juices with light.

#### Avoid...

■ hot and cold liquids that expand and contract tooth structure, creating fine lines and cracks into which stains can penetrate;

■ regular consumption of acidic foods and drinks that can soften enamel and encourage staining.

## Suit Yourself!

4 ways to restore your smile

You know, when even one of your teeth becomes severely damaged or is lost altogether, it can affect more than your appearance and self-confidence. With time, your speech can be affected and your food choices limited. That's why restorations including fillings, crowns, bridges, and implants were invented. They can restore natural-looking form and function.

Here's how restorations work.

A **filling** is a restoration that repairs part of a damaged tooth. When modern composite or ceramic materials are combined with precision techniques, fillings can fit and fill most types of cavities without removing large amounts of healthy enamel. And they can be color-matched to look completely natural.

A restoration that strengthens and protects the tooth is called a **crown** and you may have heard it called a cap because it actually caps the entire tooth.

A **bridge** is a combination of crowns and artificial teeth that closes a gap left by a missing tooth (or teeth), restoring your smile and redistributing the workload.

An **implant** is an artificial crown and root which is permanently implanted right into your jawbone. Once placed, it acts like a natural tooth to avoid bone loss and prevent drifting of surrounding teeth. Different implant types and techniques are available to provide individual solutions, from replacing one tooth to anchoring dentures securely.

Whatever your need, restorative treatments can save time, money, and your smile!

### IMPLANT & VENEERS



### COMPOSITE FILLINGS



# Are All Dental Offices The Same

Did you know that up until 2007, dentists in Wisconsin did not need to take any continuing education courses? Now, dentists must complete 30 hrs every two years.

Our office is proud of the fact that we have always strived to be our very best through constant learning. Some years Dr. Quandt has committed to over 100 hours of training and well over 3000 hours during his career.

This last year we built a new training facility in our office basement lounge area which includes a large flat screen television with internet access. This allows us as a team to facilitate on-line training, work with our computerized operation system to access patient files, offer DVD training to the team, and also conduct live training sessions for other dental offices while we work on patients. We also added a new library area in this facility for the team and the doctor to use. Our office is truly taking full advantage of dental information technology and enjoying the process.



*It is our commitment to you to strive to be the very best that we can be. We will continue to train and learn about current and upcoming new technologies and people skills in order to give you our best care possible.*

## office information

**Dental Designs by Quandt**  
Scott Quandt, DDS, FAGD  
2280 Holmgren Way  
Green Bay, WI 54304-4710

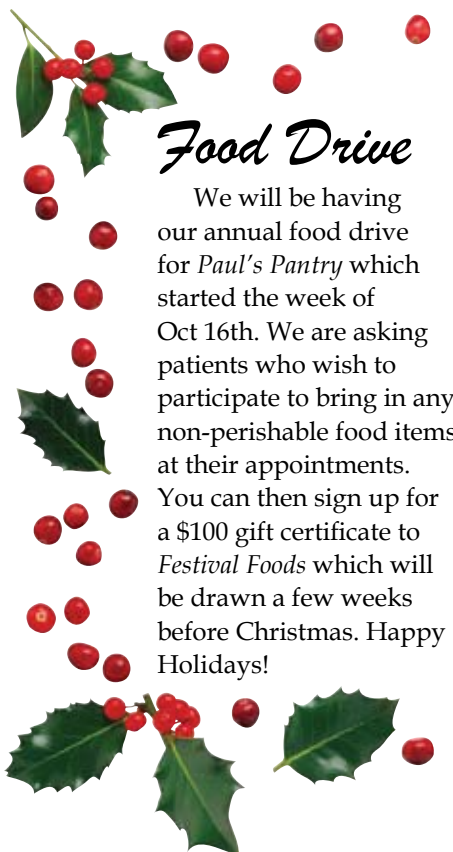
### Office Hours

Monday 8:00 am – 5:00 pm  
Tuesday 8:00 am – 5:00 pm  
Wednesday 8:00 am – 5:00 pm  
Thursday 8:00 am – 5:00 pm  
Friday Closed

### Contact Information

Office (920) 499-6466  
Fax (920) 499-7561  
Email [drquandt@greenbaydental.com](mailto:drquandt@greenbaydental.com)  
Web site [www.greenbaydental.com](http://www.greenbaydental.com)

*Communication and feedback is important to us – don't be afraid to ask questions!*



## Food Drive

We will be having our annual food drive for *Paul's Pantry* which started the week of Oct 16th. We are asking patients who wish to participate to bring in any non-perishable food items at their appointments. You can then sign up for a \$100 gift certificate to *Festival Foods* which will be drawn a few weeks before Christmas. Happy Holidays!

## Care To Share

Those of you who did not receive a care to share card last issue will receive one this issue. For those who did receive their card, please feel free to share the card with a friend or family member. Remember, this card can be used to refer friends, family, and co-workers to our office. They will receive \$25 of their out of pocket portion on their first comprehensive new patient appointment. You will also receive a gift from our office. Inviting your friends and family to our office is the highest compliment we can receive.